

HOW TO SAVE A SUPERHERO

CARYL HART & ED EAVES



WHAT YOU'LL NEED

- One stretch of sky e.g. a large sheet of blue fabric (a bedsheet)
- A selection of cereal boxes
- Paint and brushes/sponges
- A few fluffy white clouds e.g. wads of toy stuffing / cotton wool / sheets of white paper
- Superhero capes e.g. a selection of towels or pillow cases
- Safety pins
- A mask per child
- Superhero word cutouts (supplied)
- Camera

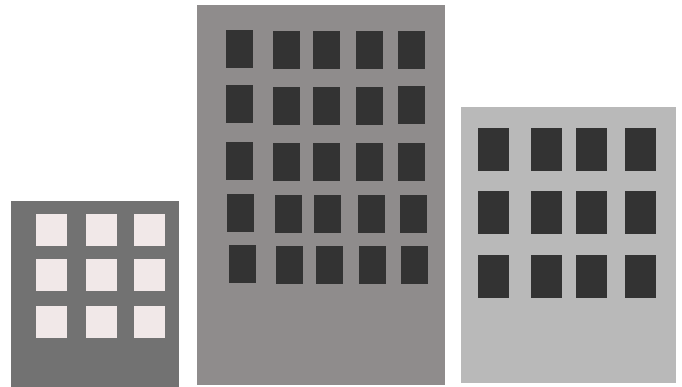


WHAT TO DO

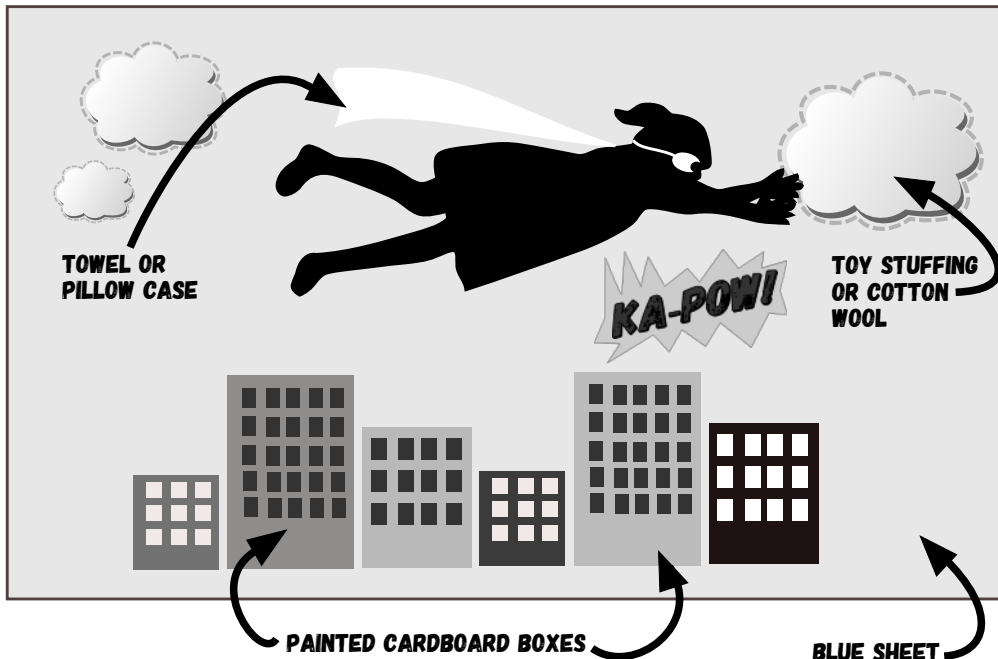
1. Cut out your superhero words.

2. Create the buildings you are going to fly over.

Paint your cereal boxes all over in one colour per box. When dry, stamp or paint squares of a different colour to look like windows in apartment blocks and offices.



3. Spread out your blue sheet and lay out your buildings (along the bottom) and clouds (along the top). Include your favourite superhero word cutouts.



4. Put on your superhero costume: Place the mask over your eyes and pin the towel to your shoulders.

5. Lie down on the blue sheet between the buildings and the clouds.

Imagine you are flying and stretch out your arms and legs! Ask a friend to spread out your cape (towel) to look like it is fluttering in the breeze as your fly.

6. Ask your friend to take a photo of you FROM ABOVE (they may need to stand on a table or chair), looking down at you flying over your city scape.

7. Print out photos of lots of your friends as superheroes and create a gallery to decorate the walls of your room! Caryl Hart would love to see your photos - if your teacher, parent or carer sends them to her, she'll put them on her website!



POP!

KA-POW!



WHOOOSH!

POW!